



JOIN OUR TEAM!

STEVENS POINT AREA YMCA 1000 Division Street • Stevens Point, WI 54481 P 715 342 2980 F 715 342 2987

POSITION

Wellness Center Staff

DEPARTMENT

Health & Wellness

NUMBER OF OPENINGS

Multiple

HIRING STATUS

Hiring for winter/spring shifts

POSITION RESPONSIBILITIES

Your most important responsibility is to build relationships with members and guests in our Wellness Center. You will accomplish this by providing personal attention, greeting members by name, and providing assistance and guidance on a proactive basis. You are responsible for conducting Wellness Center orientations, coaching clients on exercise equipment and goal setting strategies, maintaining the cleanliness of the center and equipment, and providing information about other fitness programs provided by our Y.

PRIMARY QUALIFICATIONS

Skills: Preferred experience in health and fitness and using fitness center equipment. You must have the skills and knowledge to conduct Wellness center orientations, instructing members on the use of all equipment, proper strength training and cardio principles and techniques.

Competencies: Most important, you must have a passion for wellness, an understanding of individual challenges with achieving wellness goals and strong relationship building skills. You must be able to effectively present information and respond to inquiries at an individual or small group level. Other critical competencies include initiative, motivational and problem solving skills, and the ability to maintain confidentiality. You must exhibit the Y core values of respect, responsibility, honesty and caring.

Certifications: CPR w/AED and First Aid is a position prerequisite, but you are allowed 90 days post-hire to obtain.

SCHEDULE

Various shifts available.

WAGE

\$8.00 per hour. Includes fully-paid Y adult membership. On-site free child care available.

ABOUT THE Y

At the Y we work hard but have fun doing it. Words that our employees have used to describe the Y work environment: sense of belonging, camaraderie, family friendly, supportive, welcoming, team atmosphere, fast paced, meaningful, energetic. The Y is about youth development, healthy living and social responsibility with emphasis on the core values of respect, responsibility, honesty and caring. The Y offers more than just a job; it offers a cause to embrace. We are conveniently located in central Stevens Point within blocks of the University.

HOW TO APPLY

Fully completed Stevens Point Area YMCA Employment Application is required.

If you are a student, school schedule is also required.

Application is available on-line at <https://www.spymca.org/employment/>

Inquiries: Contact Uyvonne Hicks, Employment Specialist, at uhicks@spymca.org or 715-342-2980 ext. 357

