



JOIN OUR TEAM!

STEVENS POINT AREA YMCA 1000 Division Street • Stevens Point, WI 54481 P 715 342 2980 F 715 342 2987

POSITION

Certified Personal Trainer

DEPARTMENT

Health & Wellness

NUMBER OF OPENINGS

2

HIRING STATUS

Immediate opening

POSITION RESPONSIBILITIES

You will be working one-on-one with clients, discussing their goals and developing custom fitness programs based on your knowledge and expertise. While providing a fun and uplifting experience, you will be supporting and monitoring their progress, making adjustments as needed. Our clients include recreational exercisers, rehabilitation referrals, special populations, active older adults, and everything in between. Critical to your success as a Personal Trainer is the motivation, support and encouragement that you provide to your client. You will have access to our state-of-the-art Wellness Center, pools, fitness programs and other wellness areas throughout the Y to allow you to create innovative and engaging programs.

PRIMARY QUALIFICATIONS

Skills: You must have exercise or health related background with experience necessary to fulfill a fitness leadership role. The ability to organize, train, conduct and evaluate assigned programs and to communicate effectively with individuals and small groups are required. Minimum 2 years of experience as a Personal Trainer.

Competencies: Most important, you must have a passion for wellness and an understanding of individual challenges with achieving wellness goals. Other critical competencies include the ability to build positive relationships, motivate clients, work independently and make sound decisions. You must exhibit the Y core values of respect, responsibility, honesty and caring.

Certifications: Nationally recognized Personal Training Certification. Community CPR w/AED and First Aid is a position prerequisite but you are allowed 90 days post-hire to obtain.

SCHEDULE

Varies depending on client needs. Part-time position.

WAGE

\$12.20 per hour. Includes fully-paid Y adult membership. On-site free child care available.

ABOUT THE Y

At the Y we work hard but have fun doing it. Words that our employees have used to describe the Y work environment: sense of belonging, camaraderie, family friendly, supportive, welcoming, team atmosphere, fast paced, meaningful, energetic. The Y is about youth development, healthy living and social responsibility with emphasis on the core values of respect, responsibility, honesty and caring. The Y offers more than just a job, it offers a cause to embrace.

HOW TO APPLY

Fully completed Stevens Point Area YMCA Employment Application is required.

Application is available on-line at www.spmca.org

Inquiries: Contact Uyvonne Hicks, Employment Specialist, at uhicks@spmca.org or 715-342-2980 ext. 357

