



JOIN OUR TEAM!

STEVENS POINT AREA YMCA 1000 Division Street • Stevens Point, WI 54481 P 715 342 2980 F 715 342 2987

POSITION: Certified Pilates Mat Instructor

DEPARTMENT: Health Enhancement

NUMBER OF OPENINGS: 1

HIRING STATUS: Immediate

POSITION RESPONSIBILITIES:

You will plan and teach Beginning or Intermediate Level Mat Pilates classes ranging in size from 2–10 students. Your responsibilities include observing participants and informing them of corrective measures to improve their skills. You will actively teach by demonstrating skills and methods of participation.

PRIMARY QUALIFICATIONS:

Skills: Mat Pilates or other exercise teaching experience is preferred but not required. You must have demonstrated fitness, leadership, communication and relationship building skills necessary to successfully teach Pilates. You must be able to work with individuals of all fitness levels, understanding the individual challenges with achieving program skills.

Competencies: Most important, you must believe in the benefits of Pilates and have a desire to share the benefits through teaching. You must be self-motivated, enthusiastic, and have a positive attitude. You must have motivational skills and be able to tactfully correct participant's form. You must exhibit the Y core values of respect, responsibility, honesty and caring.

Certifications: You must be certified to teach Mat Pilates. Community CPR w/AED and First Aid is a position prerequisite, but you are allowed 90 days post hire to obtain.

SCHEDULE: Monday 5:00 p.m. – 6:30 p.m.

WAGE: \$12.95 per hour. Includes fully-paid Y adult membership. On-site free child care available.

ABOUT THE Y: At the Y we work hard but have fun doing it. Words that our employees have used to describe the Y work environment: sense of belonging, camaraderie, family-friendly, supportive, welcoming, team atmosphere, fast-paced, meaningful, energetic. The Y is about youth development, healthy living and social responsibility with emphasis on the core values of respect, responsibility, honesty and caring. The Y offers more than just a job; it offers a cause to embrace. We are conveniently located in central Stevens Point within blocks of the University.

HOW TO APPLY: Fully completed Stevens Point Area YMCA Employment Application is required.

If you are a student, school schedule is required.

Application is available on-line at <https://www.spymca.org/employment/>

Inquiries: Contact Uyvonne Hicks, Employment Specialist, at uhicks@spymca.org or 715-342-2980 ext. 357

